



## **Gail Gibson**

### **Accredited Master Performance Coach, Author and Speaker**

Known as the Can Do coach, award-winning performance and leadership coach, international speaker, podcast host, and author, Gail Gibson, delivers a unique style of 'Can Do' coaching with proven results in enabling her clients to break through the frustration of stagnant or unfulfilled personal and professional growth. The simple, yet incredibly effective coaching techniques she has honed and developed, have led to life-changing transformations in mindset and personal performance for business and corporate leaders in the UK, US, and Asia.



From 1996 – 2018 Gibson lived and worked in the U.K. establishing and growing two successful businesses. Gail's first business, True Expressions, offered content services and communication training and coaching for small business owners. Following a rebrand in 2013, Gail launched her coaching and leadership company, Gaisha Consultancy Ltd.

A published author (*Making Connections: How to Network Effectively to Build Better Business Relationships*, 2009 & *The Rise of SEE-19© Leadership: See Beyond and Become the Leader You Are Born to Be*, 2021), Gail is a rising thought leader on the hybrid model of SEE-19© Leadership, and an inspirational speaker on mindset, peak personal performance, and self-leadership.

Host of *The Can Do Way*, an uplifting weekly podcast featuring stories of Can Do growth, resilience, and success.

Creator of the 'Can Do Approach', Gail's ability to put people at ease to make a lasting connection, to quickly zero in on what is holding them back, to inspire confidence and make them feel they "can" whilst helping them understand what is realistic to achieve, stand as testament to the transformational outcomes achieved by her clients.

Gail works with company leaders and executives looking at their company culture and personal performance programs aimed at attracting and retaining great talent. Gail helps leaders set goals and targets and perform to the highest level in times of change, to thrive through any crisis and beyond.

A self-confessed book addict and voracious learner, green tea drinker, and a lover of keeping fit in the great outdoors – her 'green' gym.



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**The Can Do Way Podcast:** <https://audiowallah.com/category/the-can-do-way/>

**Women Leaders Network:** <https://www.linkedin.com/groups/10547330/>

**Customised Webinars, Workshops, Coaching and Mentoring:**

- 1:1 and Team Peak Personal Performance Coaching for Leaders & Organisations
- From Covid to Hybrid (The New Work Environment)
- Becoming Agile to Thrive
- The COVID Painkiller
- The Coach in YOU
- Women Leaders Self-Leadership Mastermind Programme
- Corporate Coaching and Mentorship Programmes for SEE-19© Leaders.

**Books:**



Making Connections: How to Network Effectively to Build Better Business Relationships (2009) <https://amzn.to/3nOzv0Z>



The Rise of SEE-19© Leadership: See Beyond and Become the Leader You Are Born to Be (2021) <https://amzn.to/2M3NcL8>



## **What Clients Say:**

*"Gail has been working with me to coach a group of 14 individuals for over 6 months. She's a responsible coach who provides sound input and advice.*

*What I value most is Gail's ability to be grounded, her "Can Do" attitude, focus and ability to put people at ease to make a lasting connection. It has been a pleasure knowing Gail and seeing her calming effect on people. She has built good, trusted relationships, and helped people pivot to their dreams and aspirations.*

*Thank you, Gail, I'll always remember your simple, succinct and clear messages for steering the client and articulation for needs/risks and support required."*

**Rupali Gupta, Talent Solutions Leader, ASEAN, Mercer (Singapore) Pte. Ltd.**

*"Gail has been my coach for two years now. I needed someone who could help me take my own coaching business to the next level, particularly around my coaching offers and how I value my services. It's been transformative.*

*Gail is a very skilled and experienced coach. She is also deeply human and personable and willing to share her own experience. Gail really takes you on a journey that does not just happen in the coaching sessions but also between sessions supporting you with email prompts to remind you of your actions and to encourage you to follow through on your intentions."*

**Karen Liebenguth, Life & Leadership Coach, Green Space Coaching & Mindfulness, UK.**

*"I love having Gail's support and guidance as my business coach. Our sessions have provided me with confidence and steppingstones to achieve my goals. Since our first session, I clearly understood the steps and lifestyle adjustments I needed to make to progress my business and achieve the work-life balance that I am striving for - all while ensuring I deliver the best for my customers.*

*Gail has also helped me to clear away the clutter and refine my purpose - not to mention, recognise and celebrate the amazing milestones along the way."*

**Kerri Hall, Copywriter & Content Strategist, UK**

*"For the last 10 years Gail has been a constant and consistent pillar of strength in my business. There is always a next step (upwards) to be taken with Gail's sound advice. She is a truly positive and energising entity. When problems arise, Gail is always able to give me structural guidance. Thank you, Gail for your support in business."*

**Kelly Drewett, Founder & CEO of Kaydee Web, France**



*"Gail has supported me in my business for several years now helping me to gain focus and clarity around some of my ambitions and to talk through various challenges. I wouldn't hesitate to recommend her to anyone who has the inner wisdom to see that most people in business need support to make them accountable and to act as a sanity check around their plans, vision, and problems.*

**Fiona Scott, Founder & Managing Director of Scott Media, UK**

*"I have had the pleasure of being coached by Gail during a period of great upheaval and uncertainty. On occasions I had started sessions feeling despondent and unsure about the future and yet every time these ended on a high note, feeling enthused, optimistic, and ready to embrace a new challenge.*

*Gail gives the precious gift of positivity for personal growth and uses her special talent for expressing your situation in 'metaphorical language'. This connection with the problem is therefore implicit and this type of communication is an effective way of influencing the unconscious to respond. When she tells a story that has similar elements and relationships to the problem in our own lives, the mind makes connections, and the unconscious uses the resources and resolution of the story to create a similar resolution in real life.*

*Gail has a very friendly, supportive, and nurturing style that will quickly inspire trust. If you, like me want to unlock your true potential then I wonder if you can see by now that coaching with Gail will help create new aspirations as you move towards new goals and new beginnings."*

**Steve Engwell, FCIPD, Asst Head Human Resources, Learning & Organisational Development  
London Borough of Newham, UK**

*"I have had the pleasure of working with Gail on various projects. Gail is an amazingly talented lady, excellent motivator, coach, and inspirational speaker. Gail has a natural ability to engage her audience and take them on a journey of self-discovery."*

**Lin Preston, Co-Director of SMP Solutions Ltd, Youth Coach & Mentor, UK**

*"It's hard to put into words the revelation that my fabulous coach Gail guided me to. We've been working together for 5 years now and have had many powerful coaching sessions. I honestly couldn't have survived the last few years of starting a business, dealing with bullies and conflict, and getting through tough personal situations without her.*

*But a recent session brought me to tears – in a good way. I finally realised what the real essence of "me" is, why I add value, what my purpose is and how everything I do contributes to that purpose. You could ask why it's taken me 44 years to get to this point but actually, most people don't ever get there, so I'm really grateful to be working with such a talented and intuitive coach as Gail, who has helped me to understand it now and not when it's too late".*

**Delia Zanatta, Founder & Co-CEO @Optunli, UK**