



Gail Gibson

Accredited Master Coach, Author, and Speaker

Accredited master coach, mentor, author, speaker, and podcast host, Gail Gibson, harnesses growth mindsets to help leaders to flourish.

Her simple, yet effective Can Do Approach, has led to life-changing personal growth and sustained success for leaders in the UK, US, UAE, Australia, and Asia.

Since 1996 Gibson has lived and worked in the U.K. establishing and growing two successful businesses. Gail's first business, True Expressions, offered content services and communication training and coaching for small business owners. Following a rebrand in 2013, Gail launched her coaching and leadership company, Gaisha Consultancy Ltd.



Author of *Making Connections: How to Network Effectively to Build Better Business Relationships*, and co-author of *The Rise of SEE-19™ Leadership: See Beyond and Become the Leader You Are Born to Be*, and *The Working Women's Guide to Menopause: When the Heat is On. Don't Sweat It!*

Gail is an inspirational speaker on *Harnessing Growth Mindsets* and *Authentic Leadership*.

Host of *The Can Do Way*, an uplifting podcast featuring stories of Can Do growth, resilience, and success, and *Mind over Menopause*, a refreshing show that helps working women manage their mindset and workload, to thrive through the change and beyond.

Creator of the 'Can Do Approach', Gail's ability to put people at ease to make a lasting connection, to quickly zero in on what is holding them back, to inspire confidence and make them feel they "can" whilst helping them understand what is realistic to achieve, stand as testament to the transformational outcomes achieved by her clients.

Gail works with business and corporate leaders looking at their company culture and leadership programmes aimed at developing, nurturing, and retaining great talent. Gail helps leaders harness growth mindsets, set goals and targets, and perform consistently to the highest level in times of change and growth.

A self-confessed book addict and voracious reader, green tea drinker, and haiku poet, who loves to keep fit in the great outdoors – her 'green' gym. Adventure-seekers, Gail and her husband divide their working lifestyle between the UK and Malaysia.

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The Can Do Way Podcast: <https://bit.ly/TheCanDoWay>

Mind over Menopause Podcast: [https://bit.ly/MOM Podcast](https://bit.ly/MOM_Podcast)

Personalised 1:1 and Team Coaching/Mentoring and Training:

- Authentic Leadership Coaching and Training
- Emerging Leaders Coaching and Leadership Training
- Future Ready Leaders Coaching and Leadership Training
- Leading Self Mastermind Programme for Women Leaders
- Authentic Leadership Coaching and Training for Women Leaders
- Emerging Leaders Coaching and Leadership Training for Women Leaders
- Future Ready Leaders Coaching and Leadership for Women Leaders

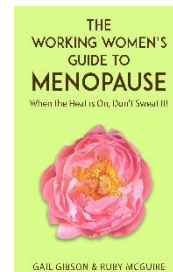
Books:



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What Clients Say:

Gail has been collaborating with me to coach a group of 14 individuals for over 6 months. She's a responsible coach who provides sound input and advice. What I value most is Gail's ability to be grounded, her "Can Do" attitude, focus and ability to put people at ease to make a lasting connection. It has been a pleasure knowing Gail and seeing her calming effect on people. She has built good, trusted relationships, and helped people pivot to their dreams and aspirations. Thank you, Gail, I'll always remember your simple, succinct, and clear messages for steering the client and articulation for needs/risks and support required.

Rupali Gupta, Talent Solutions Leader, ASEAN, Mercer (Singapore) Pte. Ltd.

Gail has been my coach for two years now. I needed someone who could help me take my own coaching business to the next level, particularly around my coaching offers and how I value my services. It's been transformative.

Gail is a very skilled and experienced coach. She is also deeply human and personable and willing to share her own experience. Gail really takes you on a journey that does not just happen in the coaching sessions but also between sessions supporting you with email prompts to remind you of your actions and to encourage you to follow through on your intentions.

Karen Liebenguth, Life & Leadership Coach, Green Space Coaching & Mindfulness, UK.

Gail's calm and compassionate demeanour made me feel safe and in good hands. I was seeking to consolidate my thoughts, feelings, and actions around my career. I had just left a corporate role, feeling exhausted and burnt out - with a passion and a dream of pursuing a new direction in consulting and coaching. However, battling with a lot of conflicting narratives in my mind about the right path to take...for myself, my family, finances etc Gail meets you where you are in each moment and brings wisdom, experience and masterful coaching skills to the table. When your own life feels overwhelming with too many tabs open and lanes of traffic in flow, Gail uses these skills to help you to quieten the noise and find focus, gain clarity, and start to mentally breathe again. The true value of the coaching investment is in the outcome and the changes you can feel and see in yourself. It's been an absolute salvation for me, at a real crossroads in my life. An incredibly warm, supportive, and positive experience that has helped me change the course of my life.

L. Eagle, Australia

I started working with Gail in 2017. I had been growing on my own business for a few years prior to that and felt like I had come to a sticking point with it. I needed help with how to take it to the next level and the direction in which I needed to go. I felt I was reaching a plateau of what I could do by myself with my limited amount of business experience. Wow – I got so much more than I bargained for with Gail. We spent time working through past



learned behaviours and labels and talked about how to deal with these and how they affected my current mindset. This is where Gail's coaching experience blends beautifully with her holistic approach. Using all the tools available to her, she could guide me through the areas of my life that I didn't even know needed any attention and certainly weren't part of what I would have considered Business Coaching at the outset. Now with hindsight, I see that this was fundamental to the progress I have made. The result being that I know myself so much better now than I did then, and this has helped me in all areas of my life, not just in my business. The business went from strength to strength and as my life has changed, due to external pressures, so too have my priorities. The transition has been blessedly painless and truly rewarding with Gail there to hold my hand and help keep me focused on my goals every step of the way. Gail has such a wonderful ability to keep pace with my butterfly mind and keep me centred and thoughtful about my actions and the directions in which they were leading me. The accountability nudges were worth it alone! The number of times tasks were finished the day before they were due to be accounted for were innumerable, nevertheless, tasks done are tasks done – right?! I have thoroughly enjoyed my journey with Gail, and I see the end of our working relationship as the beginning of a long friendship. The fact that the working relationship has come to an end is testament to the excellent job that Gail has done. I feel now that I have the capabilities, with all that she has taught me and shown me over the years, to continue the journey on my own – the sign of a truly great teacher. Gail has helped me sort out and refine my ideas, given me the confidence I was lacking in my abilities and guided me to take back control of my life and the way I want to live it. I can honestly say that I have never been happier in my personal and professional life than I am now. This is in no small part due to Gail and her coaching.

J Elmhirst, UK

I started a small business with the idea that it would provide an income and lifestyle for myself, Catherine, and the children until I retired. However, as the business grew, we recognized that we did not have the right skillsets required to push the business forward. We decided to approach the next stage of business growth stage by working on the business and identifying options and opportunities, with support from you as our executive coach. The challenges we faced were to efficiently run, manage and deliver the work required, continue making the business viable, and explore ways to activate and build growth in the public and private sectors. Mostly, we found ourselves firefighting, to keep up with staff challenges, financial reports, invoicing, training, and customer service. It was time to regain control of being the Directors of our business, to lead and work on the business, not simply work in it. As challenges arose, and as the business grew, your support and guidance helped us gain clarity, purpose, and direction. You were our sounding board, as you listened intently while we offloaded what was happening in our business. Together we would explore options and create a plan of action, with clear focus and direction. Catherine and I highly valued you and your business knowledge, advice, and continued support. We have evolved. Now, Catherine and I regularly make time to review what is going on. Through organic business growth, a sound marketing strategy, successful tenders, and referrals, we now have streamlined systems, processes, and have the right people and skillsets in place. In 2015,



when we began collaborating with you, we had six on the team. In 2021, we have fifteen. Less time firefighting allows us to lead the team, take a bird's eye view of performance and progress, whilst continuing to be a key part of delivering a high standard of service to our clients. When something happens, we are less reactive. We find ourselves taking risks and find that trying new ways frequently leads to better results. As people, Catherine and I have grown in how we approach business, nurture, grow our team, and sustain growth. Through your coaching, we recognize that the key to our success is playing to our individual and team strengths. We acknowledge that taking this approach allows our strengths to consistently guide and propel our business to new heights. Thank you, Gail, you have given us the confidence to make better, purposeful, and strategic decisions in business. We highly recommend business leaders engage your business consultancy and executive leadership coaching service.

Kevin O'Leary, Founder & MD, TVM Cheltenham Ltd, UK

I found that Gail's dedicated focus, deep listening, and tailored approach helped me make positive progress through the 6-month programme. Her executive coaching style enabled comfortable sessions that encouraged me to share my challenges and thoughts more confidently. She was able to identify my strengths and the focus areas I can improve upon, and provided easy to work on tips that I could implement and practice. Listening attentively, encouragement and sharing of relatable experiences from her corporate days, helped prepare and equip me to continue building more awareness, responsibility, confidence, and purpose in my ability to fully embrace my new leadership role.

S. Kaur Gill Amar Singh, Product Manager, Aroma Ingredients, BASF Petronas, Malaysia

For the last 10 years Gail has been a constant and consistent pillar of strength in my business. There is always a next step (upwards) to be taken with Gail's sound advice. She is a truly positive and energising entity. When problems arise, Gail is always able to give me structural guidance. Thank you, Gail for your support in business.

Kelly Drewett, Founder & CEO of Kaydee Web Ltd, UK

It's hard to put into words the revelation that my fabulous coach Gail guided me to. We've been working together for 5 years now and have had many powerful coaching sessions. I honestly couldn't have survived the last few years of starting a business, dealing with bullies and conflict, and getting through tough personal situations without her. But a recent session brought me to tears – in an effective way. I finally realised what the real essence of "me" is, why I add value, what my purpose is and how everything I do contributes to that purpose. You could ask why it's taken me 44 years to get to this point but, most people don't ever get there, so I'm grateful to be working with such a talented and intuitive coach as Gail, who has helped me to understand it now and not when it's too late.

Delia Zanatta, Co-Founder & Co-CEO @Optunli, UK