



## GAIL GIBSON



Coach Gail

Gail Gibson, an accredited master executive coach, mentor, author, and podcast host, is renowned for her transformative approach, The Can Do Way®, which ignites profound personal and business growth. With a focus on empowering clients to break through frustration and achieve fulfilment, Gail's proven techniques have led to remarkable transformations worldwide.

As an accomplished speaker and published author, Gail inspires audiences globally on topics such as maximizing leadership excellence through mindset and promoting midlife wellbeing for women leaders. Her ability to ignite mindset shifts with simple yet powerful methods extend beyond individuals to impact entire organizations.

An advocate and ally for women's empowerment, Gail is committed to promoting gender equality and inclusivity in the workplace. Her dedication to multigenerational collaborative mentoring fosters an environment where knowledge and expertise are shared seamlessly across different age groups, cultivating thriving cultures enriching both personal and professional development.

With a deep-rooted belief in the potential of every individual, Gail champions conscious, compassionate leadership. Her work has resonated across diverse regions, fostering sustainable success for leaders and teams alike.

Beyond her professional endeavours, Gail finds joy in nurturing her love for reading, green tea, haiku poetry, and forest bathing. She remains dedicated to maintaining balance and well-being, finding solace and inspiration in her 'green gym' – the great outdoors.

### Credentials

- BA in Early Childhood Education, Edith Cowan University, Western Australia
- Diploma in Preparing to Teach in the Lifelong Learning Sector (PTLLS), University of Bolton, UK
- Associate Coach, Coaching and Mentoring, University of Bath, UK
- Accredited Master Coach (AMC) IAPC&M (International Authority of Professional Coaching & Mentoring), UK
- Diploma in Shinrin Yoku (Forest Bathing), UK

### Expertise / Services Provided

- Executive Coaching
- Mindset Coaching for Midlife Women
- Leadership Coaching
- The MARA Technique® (Mindset, Awareness, Responsibility, Accountability)
- Culture Transformation
- Women's Empowerment
- Multigenerational Collaborative Mentoring

### Assessments / Tools

- 360
- Harrison Assessments – Paradox Report
- Gallup Clifton Strengths®

### Languages

- English

### Contact

- <https://gailmgibson.com>
- [gail@gailmgibson.com](mailto:gail@gailmgibson.com)
- +447950193312

### Corporate Experience

- 10 years' experience in Senior Leadership role in L&D function for a UK training company
- 18 years executive coaching and mentoring entrepreneurs, SME's, business and senior leaders and teams in UK, US, UAE, Australia and SE Asia.
- Women's Empowerment and Career Readiness Leadership coaching in UK and SE Asia
- Mentor Career Coaches through Company Restructure (Brunei)
- Mentor for WIBF (Women leaders in banking and finance, UK)

### International Exposure

- Born, raised and educated in Australia
- Studied, lived and worked in Australia, Canada, the UK, and Malaysia

### Selection of Clients

- TVM Cheltenham Ltd
- Mercer, Singapore
- BASF, APAC
- Optunli Ltd, UK
- The Malaysian Insurance Institute
- Bupa, UK
- CnetG, Malaysia & China
- NHS CCG, UK
- The Ramatex Group, Malaysia
- Paynet, Malaysia
- PNB, Malaysia
- Santander, UK
- Royal Asset Management, UK